



Smile, You're in Springfield, Illinois!

Perfect Square

TOPIC: Communication

OBJECTIVE: Create a perfect square using the materials provided.

MATERIALS NEEDED:

- 10 feet of rope
- Blindfolds for every participant

TIME: 20 minutes

DIRECTIONS:

- Lay the rope on the ground in a circular shape.
- Give each participant a blindfold, let them know they will be asked to put this on during the activity.
- Ask the participants to form a circle around the rope.
- Ask the participants to put on their blindfold and leave the rope on the ground.
- Ask the participants to turn around walk a short distance away from the rope.
- Ask the participants to come back and pick up the rope.
- Once the participants have returned to the rope and picked it up, instruct the team to form a perfect square with the rope without removing their blindfolds.
- Rules:
 - The participants are allowed to use any other form of communication to create the perfect square.
 - Everyone must hold on to the rope until the perfect square is formed.
 - Let the team know once they think the perfect square has been created, they can drop the rope.
 - Once the rope is dropped, the facilitator will tell the participants to take off their blindfolds off.

DEBRIEF QUESTIONS:

- Now that your blindfolds are off, share what you think about the shape that was formed. Did the team make a perfect square?
- Did any person(s) emerge as the leader?
- What did the team do well to create the perfect square?
- What could the team do differently next time?
- In what ways do blind spots appear in our communication at work?
- How can we use the strengths and opportunities learned in this activity to improve communication in our team?

